THE ONLY THING MISSING IS YOU...

Join us this summer kayaking the calm, sheltered waters of The Gulf Islands, here on spectacular Vancouver Island. A great way to unwind and discover the gorgeous islands just minutes south of Nanaimo.

If you are short of time and want to experience sea kayaking on our along our gorgeous coastline here in the Gulf Islands, the expedition is a great introduction and one that will more than likely make you want to return for a longer tour next time. Since 1990, Wild Heart Adventures has been operating premier sea kayak expeditions throughout coastal BC. With our staff of great guides, great cuisine, the stunning scenery of the Gulf Islands with a playground of beaches and islets to explore, a great day of paddling discovery awaits. As well as the pristine waters and quiet islands and channels to explore, the area is home to an abundant harbour seal population plus playful otters and soaring eagles are very common sights. We hope you’ll join us for a great day on the water!
GULF ISLANDS DAYTRIPPER

Join us for a fun-filled daytrip of kayaking pristine waters, beachcombing and relaxing on one of the many islets in the area. Trip price includes our great Wild Heart lunch, kayaks and related gear, certified guides and plenty of good fun and laughter.

Trip embarks from the boat launch at the end of Nelson Road in Cedar-by-the-Sea, just minutes south of Nanaimo. PLEASE NOTE THIS TRIP DOES NOT begin from the private residence of 1560 Brebber Road. We’ll see you at the beach/launch at the end of Nelson Road. [Google Maps Link]

DATE: DAILY FROM MARCH - NOVEMBER   $99 per person + 5% GST

COST:  $95 PER PERSON

CALL 
1-877-722-3683
INFO@KAYAKBC.COM
GUEST COMMENTS:

"...from the moment we paddled away from Tofino, we knew we were in for a treat...our 6 days in majestic Clayoquot Sound will forever be one of the most special times in my life. Your ability to make a group of complete strangers feel welcome, safe, comfortable and into old friends within days was magic. Your culinary skills were outstanding...a fresh crab and swiss cheese omelette for breakfast...with a mango fruit salad!...I thought camping was "roughing it"...to say you "blew us away" is an understatement! I want to be back on our timeless beach right now!

Delia van Thoeval, Fort Meyers, FL.

"These have been the best four days with my son ever and all future experiences will be compared with this. I leave with invaluable memories an can only hope life brings us here, together, again..."

Henry Jaffe and son, Ian Jaffe , Nepean, Ontario

"We’ve just returned home and quickly wanted to send you our warmest thanks for such a wonderful holiday. Our trip was FANTASTIC! George and I have never had such a marvelous time as our 3 days spent in Wild Heart "time"...I can't wait to get our photographs back and re-live some of the adventure and laughter...I hope you'll have us back."

Deana & George Browning Baton Rouge, Lo

“Sometimes it takes a wild heart to uncover a gentle soul. This wonderful place is the gentle soul that unleashes, then nurtures and channels the wild heart...Both my son and I are better for it.”

Rocco Rossi and son, DJ, Toronto, Ontario

“Just wanted to say we had a great time...we had such perfect weather and you guys were awesome! Thanks for everything...we'll see you next summer.”

Jackie Freeze, Trent, Ontario

TIME TO PLAY

As well as home to a large population of resident harbor seals, The Gulf Islands is also a natural habitat to a wide variety of wildlife. Playful river otters, deer, racoons and Bald Eagles are just some of the fantastic wildlife that live here plus the intertidal world has a host of bizarre and colorful marine creatures awaiting our discovery.
Located just off the coast south of Nanaimo, the waters offer a great escape...

If the islands of the DeCourcey Group in the Pyladdes and Stuart Channel could speak, what strange and bizarre tales they would tell---of Brother XII and his religious cult, The Aquarian Foundation, buried gold, strange disappearances and smuggling. The calm waters and stunningly beautiful shorelines along these islands of this gorgeous archipelago make this expedition a superb daytrip of adventure and discovery. If you’re short on time and cannot commit to a longer tour, this expedition is perfect. You’ll get a chance to learn a bit about sea kayaking and at the same time, explore one of Vancouver Island’s finest paddling areas. Soaring eagles, ever curious harbor seals, playful otters, abundant shellfish gathering and pristine waters for swimming (for those willing to brave the chilly waters) are just some of what’s in store.

Join us as we explore this amazing coastline in our stable kayaks. We hope you can join us for a wonderful introduction to sea kayaking and to the spectacular Gulf Islands.
A GREAT DAYTRIP AWAITS...

Our Daytripper Gulf Island Tour embarks from minutes south of Nanaimo.

Itinerary:
All participants meet at the Cedar by the Sea boat launch/beach at the end of Fawcett Road in Cedar by the Sea at 10:30 am. on Day#1 (10 mins. south of Nanaimo.. Here the guides will assign you to a kayak and help you get your personal gear stowed away. When everyone is ready, we'll go over some basic paddling fundamentals and a safety orientation and then launch into the waters of Stuart Channel. With helpful advice and instruction from your guides, it won't take long till you feel you're getting the "hang of it" as we paddle through a maze of islands making up the DeCourcey Archipelago. These waters are home to inquisitive river otters and harbor seals, and it is not uncommon for us to encounter these playful mammals during our day.

After a couple of hours, we'll land on one of the gorgeous islet beaches and you can sit back and enjoy a delicious lunch the guides will prepare. You're welcome to explore the area and beachcomb, go for a swim or just lie back with a book and enjoy the fantastic scenery. After lunch, we'll pack things up and get back on the water for some more exploration along the shores of Mudge Island and then back along the coastline of Vancouver Island to our embarkation point at Cedar-by-the-Sea. We should be back at our launch site around 3pm. at the latest.

*Please note that the trip DOES NOT begin from the private residence of 1560 Brebber Road but at the public beach/launch at the end of Nelson Road.
“Twenty years from now, you’ll be more disappointed by the things you didn’t do than by the ones you did.” Mark Twain

After twenty years of offering sea kayak tours throughout British Columbia’s coastal waters, our passion for active discovery and exploration of Vancouver Island is stronger than ever. With most of us having just a few short weeks for vacation time, we take our commitment to providing you with a fantastic holiday very seriously. Wild Heart Adventures tours are about embracing what life has to offer, living the experience as it unfolds and at the same time creating memories that will last forever. We’re confident that you’ll go away from one of our tours tremendously satisfied, enriched and hopefully dreaming of your next trip with us. We hope you can join us!

Booking a Tour with us:

You can go online to our Registration Page at www.kayakbc.com or call us at 1-877-722-3683. We require a 50% deposit to secure your space on any tour. Upon booking, you will receive a complete Expedition Information package detailing the tour, what to bring, etc.

Check out our website at www.kayakbc.com for info on our other Tours
What to bring along for the day...

Congratulations for treating yourself to Wild Heart Adventures "Day Tripper" excursion. We hope that you are excited about the prospect of paddling in the gorgeous Gulf Islands and we have prepared this short information sheet to help you prepare for the outing. The following is a suggested list of articles that we think you may require during the day:

**Hat** (waterproof is nice but the sun is our main concern)

**Sunglasses Sun Screen,** **Lip Balm**

**Shorts and T-Shirt**

**Raingear (just in case...)**

**Personal Medication**

**Camera** (ensure that you have some ziplocks or better still a dry bag)

**Water Bottle** (the bicycle-type are super for personal use while paddling)

**Extra pair of sneakers or neoprene booties/aqua socks or TEVA sandals** as you will be going in water up to your calves so whatever you are wearing on your feet will get wet. **WE DO NOT ALLOW FLIP-FLOP SANDALS AS THEY ARE A PRECURSOR TO SPRAINED ANKLES!**

**Warm Sweater/Fleece/Sweatshirt**
Daytripper - Directions to Cedar-by-the-Sea

Our day-trip embarks from the public boat launch at Cedar-by-the-Sea, just south of Nanaimo. [https://www.google.ca/maps/place/Cedar+Boat+Ramp/@49.115007,-123.805318,17z/data=!3m1!4b1!4m2!3m1!1s0x0:0x89726ef9dcd27205](https://www.google.ca/maps/place/Cedar+Boat+Ramp/@49.115007,-123.805318,17z/data=!3m1!4b1!4m2!3m1!1s0x0:0x89726ef9dcd27205)

To get to the launching site, just head south out of Nanaimo on Highway #1 and turn left at the sign to CEDAR/HARMAC/YELLOWPOINT. You will now be on Cedar Rd. which you will follow past the dump, across a bridge (the road now becomes Harmac Rd.) and then turn right at the three-way stop (MacMillan Road) and then left (by the Millway Market/Gas n Go station) onto Holden Corso Rd. Keep on this road as it heads east and winds and becomes Barnes Road. Follow this road and turn right onto Murdoch Rd. and left onto Nelson Rd. and finally down to the water. **Please do not drive to the private residence of 1560 Brebber Road as this is a private home** where we store some gear. In order to get a good start on the day, we ask that all "adventurers" meet us at our embarkation point at 10:30 am., enabling those of you from Vancouver several different options via either the Tsawwassen or Horseshoe Bay ferries. Remember that the ferries can be incredibly busy in the summer months so leave ample time to allow for line-ups, etc.. After some preliminary safety instruction, we’ll be on our way to a glorious day of discovery and relaxation amongst the splendor of the northern Gulf Islands. We will return to our embarkation point at Cedar-by-the-Sea by 3:00 pm.
How much experience do I need?
NONE!!! Every Wild Heart Adventures expedition is designed to be enjoyed by people of any level of experience. Most of our trips are made up entirely of people who are in a kayak for the first time. Having a positive attitude and the desire to enjoy yourself will go a long way.

Is it safe?
In our 29th year of operations, no one has ever sustained a serious injury on any expedition. Our primary concern is for your safety and we will never compromise that position. We provide you with the best equipment available and what we believe to be the best guides in the industry. Our guides are all certified in Wilderness First Aid techniques and re-certify their CPR annually. Ultimately your guides make decisions with your comfort and safety in mind. We must stress that listening carefully to instructions and directions given by your guides is your responsibility and in the best interests of yourself and the group. While we are out on the water, it is of the utmost importance that the group sticks together. We always travel as a group and most activities are partaken by the entire group, but there is still ample time for private exploration once we reach camp. All guides are equipped with a VHF marine radio for logistic and emergency transmissions.

Will I be comfortable, cold, wet?
The summer weather on the northwest coast is very pleasant with warm, sunny days and cool nights. We plan our expeditions to coincide with the best possible weather conditions in the area. We believe in staying warm and dry and will always strive to keep you smiling (Please note that although uncommon, it does rain on the west coast during the summer months...expect one day of rain on your trip and hopefully, you’ll be pleasantly surprised with none!). Most people can spend hours in a kayak without becoming uncomfortable, and we take frequent breaks to rest and explore the ever-changing coastline. We have very few mosquitoes in our area (no promises though!) but do recommend “bug juice” (I’m the world’s biggest wimp when it comes to mosquitoes).

What is the food like?
“I never eat this well at home!” is a typical comment on our expeditions. Delicious, healthy food, and plenty of it, is an integral part of any Wild Heart Adventure. Healthy and nourishing food from a variety of different cuisines comprise our menus.

Will I see a lot of wildlife?
A primary goal of every Wild Heart Adventure is to allow us to make contact with some of the most remarkable animals on the earth, in a way that does not impose on their lives. We strongly recommend that you bring more film than you think you’ll need (don’t forget your camera!). If you have an expensive camera with lenses, etc., a “Pelican Box” or other type of sealed carrier/dry bag is highly recommended. We take no responsibility for damaged personal equipment.

Do I need to be in great shape?
Of course not! Our expeditions are not meant to be strenuous but if a wind should be blowing the wrong way, or we can’t catch a “co-operative” tide, good general physical condition will go a long way in ensuring you have a more enjoyable experience. You need not be a strong, athletic person, but you must be physically capable of moderate exercise for a few hours each day. What is more important is that you bring along a positive, adventurous spirit.

Will I have FUN!
Wild Heart Adventures is committed to the spirit of adventure. To quote Lancelot Law Whyte, a Scottish Physicist (1896-1972): “Much of our failure to understand human nature arises from neglect of this need to have our faculties excited and our lives thereby enhanced. The human animal cannot be itself without this exciting enhancement. Excitement is not merely good; it is indispensable to a proper human life.” ...so in short, you’re going to have a BLAST!

Do we tip the guides at the end of the tour?
We and our guides take great pride in our efforts to provide you with the best paddling adventure possible. Participants are under no obligation to tip. This is at your discretion. If you feel that the guides provided you with an exceptional level of service that exceeded your expectations, then tipping is most certainly appreciated.
MEDICAL FORM

The purpose of this form is to properly prepare the leaders/guides of the expedition. Information revealed on this form will be considered confidential and will not be used to deny you access to the expedition.

Name________________________________              Birthdate____________________________
Phone No.(h) ___________________________  (w) ____________________________ email _____________________
Height_________________Weight___________Occupation________________________________
Address__________________________________________ Postal Code ____________________

In case of emergency contact:
Name___________________________________       Phone No. _____________________
Relation_______________   Address___________________________________________
Doctor_______________________    Phone No._________________
Physical Condition_____________________ Known Allergies ____________________

Date of last tetanus inoculation or booster
•Please note that for all multi-day trips, current (within the last 10 years) tetanus boosters are mandatory. All participants must have a current inoculation...NO EXCEPTIONS!

Are you on any medications?     Yes    No
If yes, please specify__________________________________________________________________

Have you been under a doctors care within the last 12 months?        Yes     No
If yes, please give
details_____________________________________________________________________________

Chronic Disability or Illness:(please list appropriate: high blood pressure, heart condition, epilepsy, diabetes, susceptibility to colds, headaches, nosebleeds, fainting, asthma, hayfever, emphysema, or others).
___________________________________________________________________________________
History of Joint Injury (tendonitus, bursitus, sprain, dislocation, or others). Please describe in detail and specify Which joints________________________________________________________________________

Eyesight:     Excellent   Fair    Poor
             Glasses      Contact Lenses
•It is strongly recommended that if you are dependent upon glasses or contact lenses, a spare set of glasses be brought with you for the expedition.

Can you swim?     Yes    No
If yes, how far comfortably?    50m    200m     more than 400m
Do you have any physical limitations?_____________________________________________________

Do you eat meat?    YES   NO   Any other dietary restrictions ______________________________

If any of the above information changes prior to the expedition date, I will inform the leaders/guides immediately so that the changes can be recorded and adequate preparation taken to ensure my safety.
________________________________ ______________________
Signature           Date
AGREEMENT AND INDEMNIFYING RELEASE

WARNING:
Please read carefully before signing; activity waivers have held up in Canadian Courts. Consider that you are assuming both physical and legal risks which have potential financial implications for yourself and/or your family should you be injured or killed while participating on a Wild Heart Adventure Tours expedition.

I, ________________________________________________________ (Name) do hereby release Wild Heart Adventure Tours, it’s owners, employees, independent contractors and agents from liability, and do hereby waive as against Wild Heart Adventure Tours, it’s owners, employees, independent contractors and agents all resources, claims, courses of action of any kind whatsoever, in respect of all personal injuries or property losses which I may suffer arising out of or connected with my preparation for, or participation in, the aforesaid Wild Heart Adventure Tour Sea Kayak expedition, notwithstanding that such injuries or losses may have been caused solely or partly by the negligence of Wild Heart Adventure Tours, it’s owners, employees, independent contractors or agents.

______________________________ (Initial)

And I do hereby acknowledge and agree:

1. that the sport of sea-kayaking is dangerous, exposing participants to many inherent risks and hazards, including but not restricted to: loss or damage of personal property, immersion in cold water, hypothermia, drowning, inclement weather, slipping and falling, falling objects, or suffering any type of accident or illness in remote areas without easy access to medical facilities. While some of these risks are inherent in the very nature of the sport itself, others may result from human error and negligence on the part of persons involved in preparing, organizing, participating in and leading the aforesaid sea kayak expedition;
2. that, as a result of the aforesaid risks and hazards, I as a participant may suffer serious personal injury, even DEATH, as well as property loss;
3. that some of the aforesaid risks are foreseeable, but others are not;
4. that I nevertheless freely and voluntarily assume all the aforesaid risks and hazards, and that, accordingly, my preparation for and participation in the aforesaid Wild Heart Adventure Tours Sea Kayak expedition shall be entirely at my own risk;
5. that while I recognize that the Wild heart Adventure Tours leaders/guides will make every reasonable effort to minimize exposure to known risks, that I have a personal responsibility to learn and follow safety rules and procedures established by my leaders/guides and to make them aware at any point in which I question my knowledge of these procedures and my ability to participate in any activity;
6. that I consent to receive first aid and medical treatment by the leaders/guides and medical personnel in the event of an accident, and/or illness during this or any other Wild Heart Adventure Tours expedition;
7. that I agree to pay any and all expenses related to medical treatment and/or evacuation of myself in the event of an accident, injury, illness including but not restricted to: helicopter evacuation, air-sea rescue, air-sea search, ambulatory care;
8. that I understand that neither Wild Heart Adventure Tours, nor any of it’s owners, employees, independent contractors and agents assumes any responsibility whatsoever for my safety during the course of my preparation or participation in the aforesaid sea kayak expedition;
9. that I have carefully read this ASSUMPTION OF RISK AGREEMENT AND INDEMNIFYING RELEASE agreement, that I fully understand same, and that I am freely and voluntarily executing same;

[11]
1. that I understand clearly that by signing this release, I will be forever prevented from suing or otherwise claiming against Wild Heart Adventure Tours, its owners, employees, independent contractors and agents for any loss or damage connected with any property loss or personal injury that I may sustain while participating in or preparing for any of Wild Heart Adventure Tours Sea Kayak expeditions, whether or not such loss or personal injury is caused solely or partly by the NEGLIGENCE of Wild Heart Adventure Tours, its owners, employees, independent contractors and agents.

2. that I have been given the opportunity and have been encouraged to seek independent legal advice prior to signing this agreement.

3. that I understand clearly that Wild Heart Adventure Tours would not permit me to participate in any such sea kayak/adventure programs or expeditions unless I signed this ASSUMPTION OF RISK AGREEMENT AND INDEMNIFYING RELEASE, that this agreement applies to all the aforesaid sea kayak expeditions and programs whether occurring in the near or distant future, and that the terms of the Agreement need not be brought to my attention each time I participate in any such sea kayak/adventure expedition or programs in order to be effective;

4. that this ASSUMPTION OF RISK AGREEMENT AND INDEMNIFYING RELEASE is binding on myself, my heirs, executors, administrators, personal representatives and assigns;

5. that I understand clearly that Wild Heart Adventure Tours is and shall be deemed to be acting for itself and as agent on my behalf of and for the benefit of the owners, employees, independent contractors and agents of Wild Heart Adventure Tours for the purposes set out in the above-stated clauses of the agreement; and

6. that I am of sufficient age and mental capacity to sign this ASSUMPTION OF RISK AGREEMENT AND INDEMNIFYING RELEASE.

___________________________ (Initial)

________________________________________________________
Signature of Participant

Dated at ___________________________________, this_________ day of ____________, 201___

________________________________________________________
Signature (Parent or Guardian if the participant is under 19 years of age)

________________________________________________________
Witnessed by (Print Name) Signature of Witness

___________________________, 201____
Date